

Sport Week at the University of Verona 26-30 April 2026

Experience student life in Verona through sport, while discovering the activities, facilities and services available at the University of Verona. Make new friends, while sharing cultural experiences connected with the local territory and its traditional products.

Programme

- **Sunday, 26:** “**Magnalonga della Valpolicella**”, a hiking event celebrating Valpolicella’s landscape, wine, food, and cultural identity. Lunch included.
- **Monday, 27:** Visit to **Centro Sportivo San Floriano** (tennis and five-a-side football). **Lunch** included. In the afternoon, visit to the **University Campus** of San Floriano, home to the Programmes in Viticulture and Oenology and to the facilities dedicated to research. Optional **walking tour** in the city center once back to the city centre.
- **Tuesday, 28:** **Canoeing** activities on the Adige River organised in collaboration with Adige Rafting Verona. Afternoon at leisure.
- **Wednesday, 29:** Visit to the **Movement Sciences laboratories**, with an overview of research and applied activities in sport. Afternoon at leisure until the **aperitivo** in Santa Marta campus.
- **Thursday, 30:** Visit to the **University Sports Centre** of Verona, including a tour of the facilities and an overview of the sports activities offered. Afternoon at leisure.

Activities scheduled for 26 and 27 April will take place in the Valpolicella area, with transportation provided by coach. All other activities will be held in the city of Verona and all venues are easily accessible by local public transport.

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Meeting points:

- **Sunday, 26 – 8:30 AM:** Pick-up by bus at the loading area outside Porta Nuova train station, Piazzale XXV Aprile (see QR below) and drop-off at the same location in the afternoon.



- **Monday, 27 – 9 AM:** Pick-up by bus at the same location as before, outside Porta Nuova train station (see QR above) and drop-off at the same location in the afternoon.
- **Tuesday, 28 – 9 AM:** Meeting at Adige Rafting Verona, located at Via Perloso 14/A, Verona. You can get on **bus #11** (from “Stazione Porta Nuova D1”, get off at the stop “Via Aeroporto Berardi / Provolo B”), followed by a 4-minute walk.
- **Wednesday, 29 – 9:30 AM:** Meeting at the Movement Sciences Laboratory, located in via Casorati 43, Verona. You can get on **bus #13** (from “Stazione Porta Nuova B1”), get off at the stop “Via Dalla Corte / Chiesa B”), followed by a 4-minute walk.
- **Wednesday, 29 – 17:30 PM:** Meeting at the Santa Marta Campus, Corte Ovest for an aperitivo. The nearest bus stop is Porta Vescovo B1, located a short 5-minute walk from Polo Santa Marta, and can be reached with buses #11, 12, 13 or 52.
- **Thursday, 30 – 9:30 AM:** Meeting at the Movement Sciences Laboratory, as previous day. You can get on **bus #13** (from “Stazione Porta Nuova B1”), get off at the stop “Via Dalla Corte / Chiesa B”), followed by a 4-minute walk.

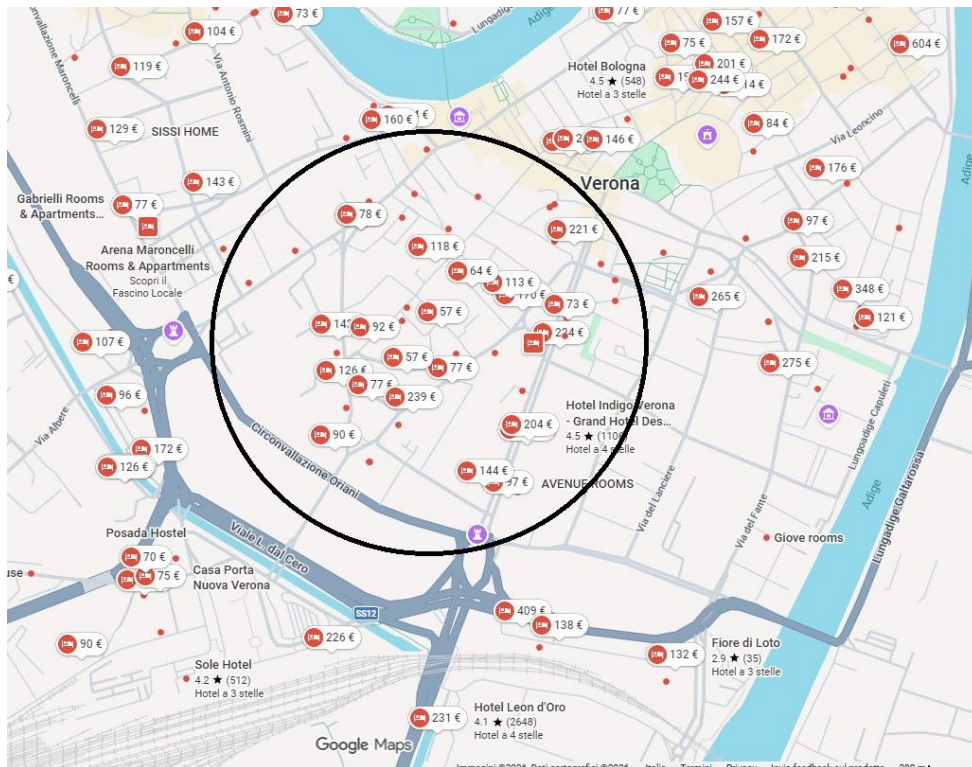
Bring sportswear and suitable athletic footwear

Verona is walkable city with a compact city centre packed with beautiful buildings and views. Here a just **a few highlights:**

- **Arena and Piazza Bra:** Stroll around the city's largest square and an iconic Roman amphitheatre still used for concerts and events (you can visit it inside with an entrance fee).
- **Castelvecchio:** walk outside the historic castle where the lords of Verona lived and cross the picturesque bridge for free. You can also visit the castle inside with the museum entrance fee.
- **Piazza Erbe, Piazza Signori, Torre Lamberti and Arche Scaligere:** The heart of the city with elegant piazzas, beautiful buildings and panoramic tower. Very interesting private collection at [Palazzo Maffei museum](#) with IG worthy terrace (€15).
- **Castel San Pietro, Ponte Pietra and Sottoriva:** Walk down a medieval street with lots of osterie, cross Ponte Pietra, climb the hill to enjoy the views of the city from above. You can also visit the [free exhibit of a local artist in the castle San Pietro](#).
- **San Zeno, church and piazza:** Historical neighbourhood with a beautiful church and cloister, as well as plenty opportunities for aperitivi. Good pizza al taglio [Paolo&Rosetta](#).
- VeronaCard: cumulative ticket with the most iconic venues in Verona, from the Arena to Castelvecchio, city museums and churches. It also includes city transport (www.museiverona.com, €27 / 24 hours, €32 / 48 hours).
- Chiese Vive: the most beautiful churches in Verona (<https://www.chieseverona.it/it/visite> €8 adults, €7 students)
- During your stay, you can eat the [university cafeteria](#) in [Viale dell'Università, 4](#) at the discounted rates (€8,50 full meal, €7 reduced, €5 mini).
- For more detailed information about the city of Verona, its events and history, please consult the [VisitVerona website](#).

The University of Verona does not provide accommodation in its own facilities. Participants are required to arrange their accommodation independently.

The recommended area, indicated on the map below, is located between the historic city centre and the main train station (Verona Porta Nuova), ensuring convenient access to all scheduled activities. Alternatively, the area around the Veronetta and Santa Marta campus are conveniently located with access to the city center and public transportation.



The area outside Porta Nuova train station will serve as the meeting point for the coach departing to Valpolicella on Sunday and Monday. The same area is also the main hub for local city buses connecting to the venues hosting the activities in Verona on Tuesday, Wednesday, and Thursday.